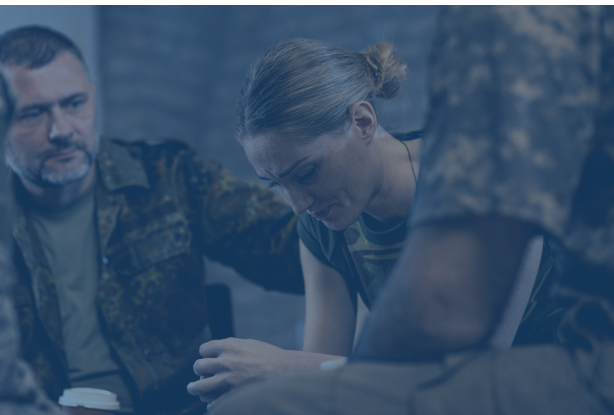




# PTSD & TRAUMA RECOVERY FOR VETERANS & FIRST RESPONDERS

BROUGHT TO YOU BY MANNA TREATMENT



**Post Watch Recovery: Peace in Mind** is a program specifically designed for veterans and first responders living with the impact from the job. If you believe “It’s just part of the job,” “You just compartmentalize and move on,” or “I just feel... empty,” you may need support in managing the harsh reality of life as you see it.

This program offers a structured path to peace in your mind instead of painful memories. Manna creates a safe, supportive environment led by clinical professionals who understand the unique experiences of those who have served on the front lines.

## Program Highlights:

- **3 Days/Week, 3 Hours/Day**
- **Includes Group Therapy, Individual/Family Therapy**
- **Led by Licensed Trauma Therapists**
- **Small, Supportive Group Setting**
- **Confidential and Respectful Environment**
- **All Insurances Accepted; Scholarships Available for Copays**
- **In person and/or Virtual Attendance**

## This Program is For:

- **Veterans of Military Service**
- **Active or retired First Responders (Police, Firefighters, EMTs, Paramedics, Nurses, Dispatchers)**
- **Individuals experiencing chronic stress, emotional heaviness, or cumulative trauma from service**

**Questions? Call 770.762.4275**

**You Are Not Alone. Healing is Possible.**

Whether you are newly struggling or have carried the weight of trauma for years, Post Watch Recovery: Peace in Mind offers a compassionate path forward. Let us walk beside you as you reclaim your calm, your strength, and your life.

 **3305 Breckinridge Blvd #116 Duluth, GA 30096**

 **770.495.9775 - To Register**

 **[www.mannatreatment.com](http://www.mannatreatment.com)**

**You’ve served. You’ve protected.  
Now it’s time to heal.**