

Mind.
Body
Spirit.



Our Mission

Manna Fund exists to help individuals navigate the deep pain and emotional struggles life can bring. Through compassionate, faith-rooted care, we provide access to education, mental health treatment, research and financial assistance. Our individualized programs address a range of mental health challenges—offering care at the outpatient, intensive outpatient, and partial hospitalization—so that every person has the opportunity to move from surviving to thriving to leading.



**Manna Treatment, program of
Manna Scholarship Fund, Inc**

OUR OFFICE IS IN-NETWORK WITH THE FOLLOWING INSURANCES:

Aetna, BCBS (Federal & GA/Out of State plans), Beacon Health, Cigna/Cigna Piedmont, Humana, Kaiser Permanente, Oscar, Tricare, United/Optum

Contact Us!

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Healing After Hurt A Women's Recovery Program



HOPE EDUCATION ACCOUNTABILITY LOVE

HEAL IOP

Manna Treatment would like to introduce our Healing After Hurt Intensive Outpatient Program (IOP). Painful experiences take more than just time to heal. Sometimes, additional individual and group support that provides intentional coping skills training is needed to cope with the effects of intense hurt.

We have created a 13-week program to help any level of unresolved hurt and/or trauma, regardless of when it happened. We will provide group & individual therapy and you have the option to see a nurse practitioner if you would like medication support as well.



**The Missing
Piece in Mental
Health Recovery**

We know that recovery can drain you physically, emotionally, and suck up time without warning! We have created this program as an alternative to feeling fearful and hopeless.

Our hope for you is to achieve the following goals:

1. Process your pain/trauma with DBT, ACT, and CBT trained therapists
2. Learn ways to cope with uncomfortable emotions and self-destructive behaviors using trauma-resolution techniques (EMDR, PE, CPT, for example)
3. Safely express thoughts and emotions in a compassionate environment
4. Practice new interpersonal skills
5. Take care of yourself during this process.

Sign up for treatment



Surviving to Thriving to Leading!

You Can Do It!

We want this program to be helpful and educational for those who have unresolved trauma. Individual therapy, of course, is crucial in addressing a traumatic event, and sometimes more support is still needed. Our hope is that the care provided by trained therapists in this program will allow you to share your journey and process your healing with other people going through similar situations.

Learn More



**Congratulations for
taking a hard and
necessary step!**