

## OUR OFFICE IS IN-NETWORK WITH THE FOLLOWING INSURANCES:

Aetna, BCBS (Federal & GA/Out of State plans), Beacon Health, Cigna/Cigna Piedmont, Humana, Kaiser Permanente, Oscar, Tricare, United/Optum

### Learn More About IOP



### Learn More About PHP



## Our Mission

To address the epidemic of eating disorders and the underlying trauma by providing education, research, and financial assistance for treatment to all qualified individuals through well-administered programs. These programs include care at these levels: outpatient, intensive outpatient, partial hospitalization, and residential care.

Manna Treatment, program of  
Manna Scholarship Fund, Inc



## Contact Us!

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## Partial Hospitalization & Intensive Outpatient Programs for Eating Disorders

# What is IOP/PHP?

Intensive Outpatient Programming (IOP) for Eating disorders is a 12-15 hour per week program designed to provide support at a more intense level than traditional outpatient therapy. Manna has IOP programming for eating disorders that specifically targets the relationship between underlying pain and coping through the misuse of food.

PHP for Eating Disorders is a higher level of support and is a step between residential and IOP levels of care. PHP for eating disorders includes 30 group hours per week (6 hours day, M-F) including 2 meal groups, individual therapy, dietary therapy, and nursing support.



The Missing  
Piece in Eating  
Disorder and  
Trauma  
Recovery!

## Family as Core

Manna Treatment believes that successful treatment encompasses all aspects of an individual's functioning: mind, body, and spirit. Therefore, we have created therapeutic programs that involve the family as the central component. Our holistic approach is designed to help those struggling with eating disorders, trauma, and emotional issues to grow and recover. The following groups are a sampling of available groups throughout the week.

Please refer to our website to see the schedules per program:

- Individual/Family Therapy
- Process
- Meal Process (daily, ED)
- Art Therapy
- Experiential Therapy
- Parental Support
- Nutritional Education
- Skills Training

Surviving to Thriving to Leading!

# Initiating Treatment:

Individuals interested in being a part of any of Manna's programs should call 770-495-9775 x1 for an intake appointment. This will be conducted to determine the extent of need and program involvement. Individuals will then meet with a therapist in order to receive assessment feedback and to establish program goals. Finally, appropriate groups and days needed will be decided. Program start date is within a week of the assessment process.

## Fee Structure:

Program costs are based per-group and are paid prior to attendance. We are able to accept most insurance plans and will be happy to assist you with any questions. Scholarship opportunities are a unique part of the Manna Fund program, and are provided on an as-needed basis.

Sign up for treatment

