

Program Directors

Lou Wood, DNP, Director of PHP

Dr. Lou received both her Doctor of Nursing & Master's Degree from the Medical University of South Carolina. As a board certified Psychiatric Mental Health Nurse Practitioner from the American Nurse's Credentialing Center (ANCC), Dr. Wood holds excellence and integrity in the highest esteem and approaches patient care from a collaborative, empathetic, and professional approach for each individual. Dr. Lou works with each client to create opportunities to equip and empower the client by providing psychotherapy, medication management, appropriate diagnosis, and evidence-based interventions as they navigate through their health journey.

Tori Payton, LD, RD, Director of IOP

Tori graduated from Georgia State University with both a Bachelors of Science in Nutrition degree and a Masters of Science in Nutrition and Dietetics degree with a concentration in pediatric/adolescent nutrition. She is passionate about nutrition in relation to mental health, and has experience specifically in nutrition for eating disorders. She loves helping clients learn to nourish their bodies and improve their relationship with food.



Our Mission

To address the epidemic of eating disorders and the underlying trauma by providing education, research, and financial assistance for treatment to all qualified individuals through well-administered programs. These programs include care at these levels: outpatient, intensive outpatient, partial hospitalization, and residential care.

Manna Treatment, program of
Manna Scholarship Fund, Inc



Contact Us!

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Partial
Hospitalization &
Intensive Outpatient
Programs for Eating
Disorders

What is IOP/PHP?

Intensive Outpatient Programming (IOP) for Eating disorders is a 12–15 hour per week program designed to provide support at a more intense level than traditional outpatient therapy. Manna has IOP programming for eating disorders that specifically targets the relationship between underlying pain and coping through the misuse of food.

PHP for Eating Disorders is a higher level of support and is a step between residential and IOP levels of care. PHP for eating disorders includes 30 group hours per week (6 hours day, M–F) including 2 meal groups, individual therapy, dietary therapy, and nursing support.



The Missing
Piece in Eating
Disorder and
Trauma
Recovery!

Family as Core

Manna Treatment believes that successful treatment encompasses all aspects of an individual's functioning: mind, body, and spirit. Therefore, we have created therapeutic programs that involve the family as the central component. Our holistic approach is designed to help those struggling with eating disorders, trauma, and emotional issues to grow and recover. The following groups are a sampling of available groups throughout the week.

Please refer to our website to see the schedules per program:

- Individual/Family Therapy
- Process
- Meal Process (daily, ED)
- Art Therapy
- Experiential Therapy
- Parental Support
- Nutritional Education
- Skills Training

Surviving to Thriving to Leading!

Initiating Treatment:

Individuals interested in being a part of any of Manna's programs should call 770-495-9775 x1 for an intake appointment. This will be conducted to determine the extent of need and program involvement. Individuals will then meet with a therapist in order to receive assessment feedback and to establish program goals. Finally, appropriate groups and days needed will be decided. Program start date is within a week of the assessment process.

Fee Structure:

Program costs are based per-group and are paid prior to attendance. We are able to accept most insurance plans and will be happy to assist you with any questions. Scholarship opportunities are a unique part of the Manna Fund program, and are provided on an as-needed basis.

Sign up for treatment

